

# KAN

Serving the Children of the World



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The  
Official  
Journal of  
Kiwaniis Club  
of Adelaide Inc.

## KIWANIS ADELAIDE NEWS

AUGUST 2004



President  
JANINE POWELL

Secretary  
DON MILLARD

Treasurer  
FRED WILSON

Board Members  
COLIN BROOKES  
KEVIN MAHONEY  
BEVAN BROWN  
KEN FOGGO  
ALAN FORRESTER  
DAVID McNABB  
LINDSAY CURTIS  
KEVIN REICH  
ALAN WILLIAMS

Dinner Meetings  
held 2nd & 4th  
Tuesdays at  
Naval Military &  
Air Force Club

Board Meetings  
held 1st Tuesday  
at Hilton RSL



Patron  
MICHAEL HARBISON  
Lord Mayor of Adelaide

### MEMBERS PLEASE NOTE:

Where possible, bring along to dinner meetings a non-perishable item for our food box which is distributed periodically to needy people/organisations.

Contact email  
jpow7465@bigpond.net.au

## PRESIDENTIAL

Dear Members and Friends of the Kiwanis Club of Adelaide,

As the Kiwanis year becomes "One month to go before Handover" there is increased activity while our President-Elect Colin Brookes holds his first Preliminary Board Meeting, and spends a lot of time thinking about and preparing for the year ahead. We wish you and your team every success and look forward to 2004-05. Colin and Secretary Don Millard attended the recent Training Day for Presidents and Secretaries. Please note that our Handover will be held on Tuesday, 28th September at 7pm for 7.30pm start.



Attendance at our recent mid-winter dinner meetings have been down in numbers, though high in spirits, with guest speakers from Better Hearing (Australia) and Bereavement Coordinator from Daws House providing useful information. We look forward to the return from Leave of Absence of several of our stalwarts who have been enjoying much warmer weather than we have in Adelaide recently.

Eight members and partners from our Club will be attending the Australia District Convention in Cobram Barooga and we look forward to renewing friendships, participating in the House of Delegates, attending workshops and enjoying the Cops & Robbers Saturday night entertainment. This time last year we were very busy as hosts of the Convention so will be able to assist, if needed, and otherwise relax in very pleasant surroundings on the banks of the Murray River at the golf complex.

A special request – it would be greatly appreciated if each of you could ask another person to attend and/or join our Kiwanis Club to broaden our friendships, knowledge and opportunity to serve the children and community.

Winter will soon be over, and hopefully the coughs and colds which have kept some happily indoors in the warmth watching the Olympics on TV.

Spring is in the air and with it comes the optimism of a new Kiwanis year and new opportunities.

President Janine



**BON VOYAGE to our Club's delegates and those attending the District Convention in Victoria**



Incoming President Colin Brookes represented Adelaide Club on August 10th at the special Thanksgiving Service held at St John's Church in the city. Several organisations (including ours) had their food-box offerings dedicated at this Service, prior to distribution to Adelaide's needy folk. Our Club has donated \$100 in addition to the food basket.

Amongst many Club members away on Leave of Absence is Elisabeth Gajanayake-von Ballmoos who would just about be returned by now, from her lengthy trip that took in Switzerland and England.

Our President Janine has been battling on at her workplace under duress these past few days after a computer crash which has meant lost files, email hassles, applications to be re-loaded, the full drama. You'll have to upgrade to a Macintosh system Janine (although even they have been known to crash as well.....).

**Advance Notice:** The Kiwanis Clubs of Athelstone and Rostrevor/Campbelltown will again be hosting one of their popular Film Nights at the Chelsea Theatre, Kensington. These evenings are worth supporting with a full Chicken & Champagne Supper, Raffles and Door Prizes following the movie. This time they are showing **THE NOTEBOOK** starring James Garner and Gena Rowlands. Tickets at \$16 (children U16 \$13) are available through Ann phone 8266 7718. This is a Must. Oh yes, the date is Sunday 7th November at 6.30pm.

Winner of the raffle at our meeting on July 27th was Krystyna Kubiak, with 2nd prize going to David McNabb. Krystyna, the birthday girl, kindly donated her prize to our guest speaker. At our last meeting, on August 10, Alan Forrester was happy to win the raffle, the prize being a nice bottle of Foggo red wine – for medicinal purposes. No, the wine wasn't from Ken Foggo's personal winery!!

We are looking at having a working bee at Don Millard's from 9am on Saturday 18th September. This will be a session to assemble a new batch of our Kiwanis Care Kits - a venture worth supporting.

Irena Dalidowicz has had some interesting experiences lately, after being seconded onto jury duty for the first time. Naturally, she is not allowed to speak too much on what transpires in the court room but she admits her eyes have been opened!

At a recent dinner meeting Ron Milsom gave us a very interesting account of his trip to Thailand where he joined other westerners on a trekking holiday. Apparently some hopefuls from overseas (not Australians) turn up to participate on these trekking safaris with minimal planning, and hopelessly inadequate footwear.

## THOUGHT FOR THIS MONTH

The best way to get back on your feet  
is to miss a car payment

## HAPPY BIRTHDAY

Murdy Inglis	21st September
Wendy Waterman	24th September
Ailee Wilson	24th September
Raelene Collings	27th September



**HANDOVER NIGHT - TUESDAY SEPTEMBER 28th**

**7 for 7.30pm Mark it in your diary NOW**

## FROM THE BOARD ROOM



### Main points from the latest Board meeting (held August 3)

Our latest information on insurance covers for those over 70 years old is that they are covered for injury, as for all members, but not for loss of income.

Simon Kuelen who is a licensed bus driver, wishes to offer his services to the Kiwanis Bus board but is reticent about becoming a full member. It was agreed we invite Simon to join our Club as an Honorary Member.

There has been no trading at the Kiosk during July due to cold, wintry weather.

For this year's Picnic in the Park, Alan Williams is seeking the loan of a CD player suitable for operation with the public address system.

Colleen Doran is due to be our guest speaker on September 14th, talking on the Paediatric Palliative Care project.

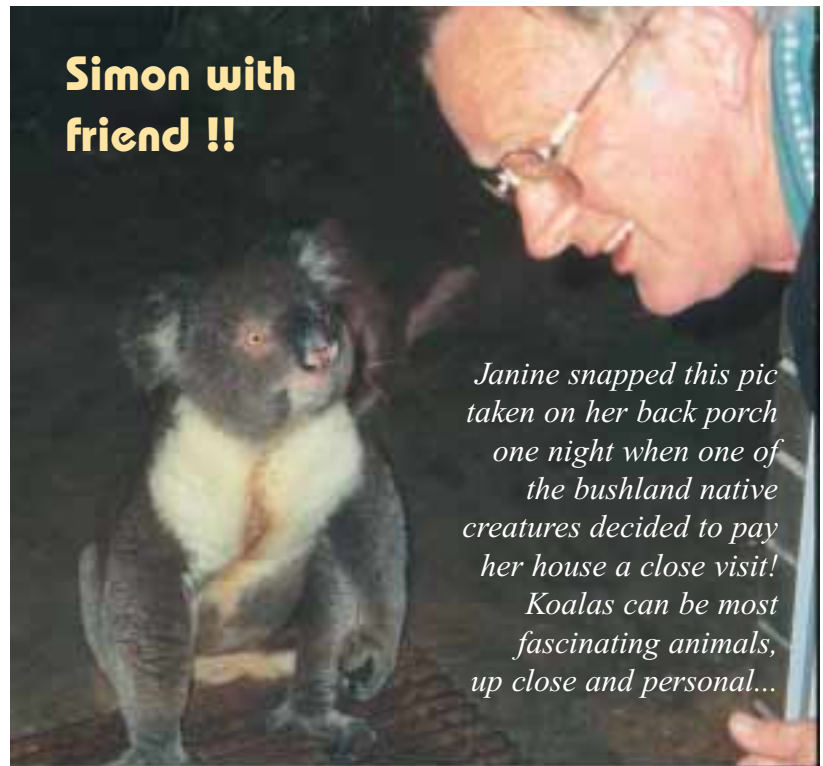
There was lengthy discussion on the proposed resolutions for the approaching District Convention, with appropriate direction being given to our Club's delegates.

The Bowls Night next March may be shifted to the second Thursday in March, so it won't clash with the ASPAC Convention in Melbourne.

The next meeting will be a Joint Board meeting, involving both outgoing and incoming Board personnel.



## Smile Awhile!



*Janine snapped this pic taken on her back porch one night when one of the bushland native creatures decided to pay her house a close visit! Koalas can be most fascinating animals, up close and personal...*

**OLYMPIC GAMES SPECIAL - Apparently at this year's fabulous Olympic Games, in honour of them being held in Athens, some wayward wags from Australia reckon the national catchcry to spur on our athletes should be changed from AUSSIE AUSSIE AUSSIE OI OI OI to  
OLIVE OLIVE OLIVE OIL OIL OIL !!!**

### ADVERTISING SIGNS SPOTTED IN AMERICA (True Story)

On a septic tank truck in Oregon: YESTERDAY'S MEALS ON WHEELS

Sign over a gynecologist's office: DR JONES AT YOUR CERVIX

On a plumber's truck in San Francisco: WE REPAIR WHAT YOUR HUSBAND FIXED

On a fence: SALESMEN WELCOME - DOGFOOD IS EXPENSIVE

Outside a muffler repair business: NO APPOINTMENT NEEDED. WE HEAR YOU COMING

On a repair shop door: WE CAN REPAIR ANYTHING. Please knock hard on door; bell doesn't ring)

Outside a secondhand shop: WE EXCHANGE ANYTHING - BIKES, WASHING MACHINES, ETC.  
WHY NOT BRING YOUR WIFE ALONG AND GET A WONDERFUL BARGAIN

**Best Wishes for a Safe Trip to our Club members travelling to next weekend's District Convention, hosted by Cobram-Barooga**



## **SPEAKER SPOT**

On July 27th we had **JUDITH WESTON** as guest speaker. Judith is a lip-reading teacher who works for Better Hearing Australia, an organisation that helps those with hearing impairment.

We learned there are many facets to helping people to hear better – five popular hearing aid devices include \* shake-awake alarm clocks \* vibrating wrist watches \* infra-red TV systems \* snap on telephone amplifiers, and \* audio/visual extension ringers.

Words such as tinnitus, ear canal and cochlear were explained, and we were informed how seven years ago, government support was diverted more towards Guide Dogs for the Blind and Hearing Solutions, leaving Judith's organisation needing to find other forms of funding.

Judith advised that the recommended mobile phone is the Nokia hands-free – you need a T-switch on the hearing aid. Overall, however, the best advice she could give for dealing with hearing impaired people is “patience” – it can be frustrating for both parties!

“There are three places you will find hearing aids – in the ear, in the (hearing) canal, and in the drawer!” (meaning they don't always work) – fortunately digital hearing aids are just around the corner and should make a huge difference. For more information, anyone can contact the Better Hearing office (ph: 8232 2996) on Tuesdays or Thursdays between 9am-3pm and ask for Noel.

**DAVID ROACH** was our speaker on August 10th, when we discovered more about palliative care services. David is a former Catholic priest whose time in the ministry included being in contact with people who were near death. He developed an interest in caring for folk in the last stages of their lives.

After qualifying in the field of social work, he travelled to UK where he was stationed at St Christopher's Hospice in London. David met some inspirational people in the palliative care field, eventually returning to Australia. He spent five years working at RAH and Hampstead Gardens in the spinal injury unit, learning how to deal with the grief of people who had suffered permanent disability.

David is constantly amazed how resilient some people, even youngsters, can be after becoming paraplegics. David now works as Coordinator of bereavement care at Daw Park Hospice and has clocked up 16 years in palliative care services.

Southern Adelaide Palliative Services has a catchment area of 350,000 people, and each month is constantly helping a steady number of folk who were either permanently injured or with a limited life expectancy. David outlined the extensive network of support provided to such people and it is comforting to know that whenever any family needs help in these difficult times, and after a loved one has passed away, such organisations are there to lend a caring hand. Further details can be found by phoning Daw House on 8275 1732.



*Pictured above is our guest speaker from July 13th, Stephen Holmes, who is the son of Geoff Holmes, a well known member from Rostrevor Campbelltown Club. Stephen's young daughter Michala (who was born with a hole in the heart) drew the raffle that evening, being the youngest person present. Raffle winner? Yes, Heather, Michala's mother!!! Talk about keeping it in the family.*

**NB: No responsibility is accepted for the accuracy of information contained in advertisements or text supplied by individuals or organisations, and/or typographical errors. Editor: David McNabb Phone: 0407 795 681 or email: mcnabbdavid@hotmail.com Items for inclusion in KAN can be emailed or posted. In electronic format, text typed in Word format is preferable. Pictures saved as JPEG or TIFF files are acceptable.**